

Elementary School	Participant	Favorite Kitchen Utensil	Two Foods you can Zest	What will you try at home?		
2/16/2016	1	steamer	limes; lemons	make zucchini choc chip muffins		
	2	zester; grater; spiralizer	limes; oranges	muffins and citrus salad		
	3	grater	lemons; limes	using the grating and spiralizer		
	4	grater	lemons; limes	cutting better		
	5	grater	lemons; cheese	greek zoodle salad		
	6	grater	lemons; oranges	grate a zucchini for muffins		
	7	spiralizer	oranges; lemons	spiralizer		
	8	spiralizer	oranges; lemons	spiralizer		
	9	dicer	oranges; lemons	spiralizer		
	10	juicer	lemons; oranges	zucchini muffins		
	11	melon baller	lime; orange	fruit salsa and cinnamon chips		
	12	garlic crusher and frying pan	lemons; limes	cooking the dinner		
	13	garlic press	lemons; limes	pasta primavera with italian turkey sausage		
Middle School	1	spiralizer	lemons; limes	make a zested salad		
2/18/2016	2	grater	lemons; limes	use a grater		
	3	grater	lime; tangerine	make a zested salad		
	4	spiralizer	lemons; limes; oranges	greek zoodles because it looked good and I liked using the tool		
	5	spiralizer	lemons; limes	zoodle salad and use spiralizer		
	6	stringer/grater	zucchini	make zucchini chocolate chip muffins		